

If you think you know the truth about the Swine Flu, Chronic Fatigue, Cancer, HIV, AIDS, Mental Disorders, and disease in general, think again.

Likely, virtually everything you know is wrong...

Disclaimer:

Unfortunately, due to an unconscionable legal profession coupled with a lack of personal responsibility prevalent in society today, this needs to be said:

Within the context of this eBook, you are fully responsible for all your actions [outside of it as well, I might add].

No matter what anyone else says or does, no one can force you to do anything; everything is a choice.

Should you act on anything outlined in this eBook, YOU, as a free-willed person have made a decision and will accept full responsibility [just as I did when I decided to act on my information].

I, nor anyone connected to this writing, will accept any liability for anyone else's decisions and actions.

Period.

What this eBook isn't:

This eBook is not a Teaser. The internet is rife with eBooks and videos that provide only half the solution or the equation and then dump you onto a site where you are told, after having invested time watching or reading the half explanation that you must part with 50, 100 or 1000 dollars to get the full answer. We've all been there – the disappointment, anger and resentment, then we accept our fate and grudgingly buy the product, or more likely navigate away from the bait-and-switch scheme. Not here. We'll give you the complete remedies. However, we will recommend some further study, which may or may not cost you.

This eBook does not interest itself in politics and conspiracies. Conventional modern medicine is filled with politics and corporate conspiracies. There are a handful of vested interests in government and the corporate world that control, exploit and dominate the medical profession. The business of disease is vastly more profitable than the business of wellness. I am fully and completely aware of the current reality of medicine, as are millions of others – exponentially more, year after year. I do not feel, however, that it is important, beyond mentioning the fact that the medical community is in the wrong paradigm, to explore every aspect of the situation. Conventional medicine maims, kills, disfigures, diseases and diminishes millions of people's lives every day... for hundreds of billions in profits annually. This is a conspiracy fact. Understood. I'd rather focus on the next paradigm in health and healthcare and move toward vitality, for each and every one of us.

What this eBook is:

This eBook is an introduction. While not a worthless teaser as I had previously mentioned, it is no doubt a simple and humble introduction to this approach in healing. I wanted to present this information in an easy to read, concise, yet complete manner. I've ensured that it is complete and workable; however, there are tremendous further resources available. Some will allow you to find a better way to administer a cure for your condition, more conditions that can be treated with these remedies, and general further study on the potentials of the active ingredients. Whichever approach seems most beneficial (and interesting), should be explored further, outside this eBook.

This eBook is honest. I have read, researched and tested everything that is written in this book. It is an authentic and personal account of some of the most powerful (and most suppressed) cures available today. And all of them cost next to nothing. Hmmm, isn't that interesting?! Now, on with the good stuff...

First, what's inside:

Oxygen Therapy. Most everyone knows that without oxygen the body/brain will die within a few minutes (about 7 minutes for most). The human body is about 60 percent water; water, as we all know is H_2O (xygen). It is amazing to think that while it is so obviously valuable to the body and to vitality, it so rarely enters into medical treatments. Perhaps it cures too often – not enough repeat business! But, add appropriate amounts of H_2O_2 or O_3 and the results are profound.

Next, What to do with it:

Well, it's really quite simple: Read this eBook, more than once, and follow the description(s) precisely. The outlines are considered to be complete, effective and safe, if done properly. As mentioned, you should actively pursue information outlined in the "Further Study" section. The information available at those sites has been confirmed and authenticated.

I suggest you consume as much information as you can outside of this book; being knowledgeable, means being confident. Then, refer back to the book as a clear and quick guide to administering the remedy.

OK, on with it...

Oxygen Therapy

“Most everyone knows that without oxygen the body/brain will die within a few minutes (about 7 minutes for most). The human body is about 60 percent water; water, as we all know is H_2O (xygen). It is amazing to think that while it is so obviously valuable to the body and to vitality, it so rarely enters into medical treatments. Perhaps it cures too often – not enough repeat business! But, add appropriate amounts of H_2O_2 or O_3 and the results are profound.

It has been demonstrated, in countless ways, that disease can ONLY exist in an oxygen depleted environment. An oxygen poor environment is terrain where parasites, bacteria and viruses thrive. Increase the oxygen content and harmful microorganisms vanish, simply unable to survive.

Imagine a fast moving mountain stream. It is normally extremely clean, clear and vital – It is oxygen rich. Now imagine a pond in a forest; it does not move. It is stagnant, filled with algae, bugs and other microorganisms - It is oxygen deficient. Your body is no different. If it is filled with oxygen and circulating well, the cells thrive and organs function at high levels. The opposite is also true. If proper amounts of oxygen in the body are absent, it begins to stagnate, disease and slowly die, overwhelmed by foreign invaders normally unable to exist in a well functioning human body.

Our lifestyles and environments reduce the amount of available oxygen that we are able to assimilate into our bodies. Stress, poor air quality, overconsumption of alcohol, solvents in our kitchen cupboard, chemicals in our food, (overeating of) food void of minerals and nutrients, microwaves, and most notably poor water quality (along with countless other common immune suppressants), keep us in this perpetual state of oxygen deficiency. The air we breathe should contain about 21% oxygen. It has recently been discovered that many large industrial cities contain only 10%! Over time we naturally (actually, unnaturally) manifest some sort of dis-ease. These dis-eases go by many names and have countless symptoms and affects. However, most stem from this singular cause: There is simply not enough oxygen in your body to function properly, stay healthy, and fend off unwanted (and unnatural) microorganisms that lead to debilitating and terminal dis-eases. While we are convinced otherwise by the medical profession, pharmaceutical industry and media, there truly is very little mystery to illness. There is just not any money in cures; they prefer repeat business (aka the “Cure a patient, lose a customer” attitude taught in many med schools).

Well, personally, I'd like to see you cured! And for those of you that do not have a diagnosis, it is probable that your body is oxygen deficient and it is only a matter of time before symptoms arise. In that case it would then be wise to consider self-administering Oxygen Therapy as a preventative measure.

So, how do you get more oxygen into your body - Simply breathe deeper? Unfortunately, no; this doesn't work. Due to the extreme negative impacts of our lifestyles and environment listed above, we need to reach for something more powerful.

Oxygen Therapy (or Bio-Oxidative Therapy), in various forms, has been around for over a hundred years (at least). H_2O_2 or O_3 , Hydrogen Peroxide and Ozone respectively, can be obtained by just about anyone and administered at home, with some caution. Hydrogen Peroxide is simply water (H_2O) with an additional Oxygen atom. Ozone is 3 Oxygen atoms in a single molecule; it converts to H_2O_2 in the body (Note: Ozone is a little more difficult to find and apply, so we'll stick with Hydrogen Peroxide in this eBook).

Most people are familiar with pharmaceutical grade Hydrogen Peroxide that can be found at most pharmacies and is normally used to clean out scrapes and small flesh wounds. The bubbling that you see when put on wounds, is oxygen being released and bacteria being eliminated. There was substantial interest in H_2O_2 until the 1940's when chemical companies began manufacturing and selling synthetic "patentable" prescription medications. H_2O_2 is non-patentable and is simply so cheap and so abundant that there can be very little profit generated. The newly developed pharmaceutical industry looked elsewhere, while violently suppressing the rediscovered benefits of Oxygen Therapy.

Over the last 25 years there have been more than 7700 articles on Hydrogen Peroxide published in standard medical journals. That is an incredible number of writings for anything, let alone something that is conventionally attacked and suppressed. Over that time, hundreds of thousands of individuals (likely millions), mostly in Europe, have received Oxygen Treatments by thousands (likely tens of thousands) of licensed physicians. The cure is right out in the open, just in front of our noses, yet we don't hear it or see it because "vested interest" has turned our head and pointed us in another direction – dis-ease for us, profits for them. (Note: Obviously I am not suggesting that all allopathic healthcare practitioners are aware of this situation and consciously acting contrary to our/your best interest. They have been just as misled as you and I, actually more so).

Hydrogen Peroxide is a common, naturally occurring water-like liquid; it is created in nature by the action of sunlight on water. Your body even manufactures H_2O_2 ; it is a basic requirement for good health. It is not a bi-product, toxin or foreign matter. Your body, the earth, and life require it. When you consume H_2O_2 , it simply releases the extra oxygen atom into the blood, flooding the system with this essential component of life.

Oxygen Therapy is really this simple: Hydrogen Peroxide and/or Ozone, administered properly, gives the body a high-dose concentration of Oxygen that kills diseased cells and revitalizes normal ones. Perfect, isn't it?!

H_2O_2 and O_3 are introduced into the body and your system does the rest. Our body is constructed to move oxygen quickly and effectively. It functions so effortlessly for an obvious reason: It needs it to survive (and thrive). In fact, it needs it more than any other substance; so, it is not surprising to consider that it would naturally, efficiently distribute oxygen to clean out, repair and strengthen itself.

It can and does reverse “low-level brain damage” as well; a damage that is done by being exposed to oxygen deficient environments or participating in oxygen-depleting lifestyles. The brain is slowly starved of oxygen, creating “everyday brain damage”. Most of us, especially urbanites, are brain damaged to some degree. However, this can be reversed with Hydrogen Peroxide Therapy. So, expect to feel better emotionally and mentally, compute faster, and generally think better.

Here's a partial list of Oxygen Therapy Successes:

List of Diseases Successfully Treated

AIDS	Cholesterol (High)	Gingivitis	Open sores and wounds
Acne	Chronic Pain	Gum Disease	Parasitic infections
Allergies	Cirrhosis of the liver	Headaches	Parkinson's Disease
Altitude Sickness	Cluster headaches	Hepatitis	Periodontal Disease
Alzheimer's Disease	Colitis	Herpes	Proctitis
Anaemia	COPD	Herpes Simplex	Prostatitis
Angina	Cystitis	Herpes Zoster	Rheumatoid Arthritis
Arrhythmia	Diabetes Type II	HIV Infection	Shingles
Arteriosclerosis	Diabetic Gangrene	Influenza	Sinusitis
Arthritis	Diabetic Retinopathy	Insect bites	Sore Throat
Asthma	Digestion Problems	Leg ulcers	Temporal Arteritis
Bacterial Infections	Eczema	Leukemia	Trichomoniasis
Bronchitis	Emphysema	Lupus Erythematosus	Ulcers
Burns	Epstein-Barr infection	Lymphoma	Vascular Diseases
Cancer	Food allergies	Metastatic Carcinoma	Vascular headaches
Candidiasis	Fungal infections	Migraine headaches	Viral infections
Cardiovascular Disease	Fungus	Mononucleosis	Warts
Cerebral Vasc. Disease	Gangrene	Multiple Sclerosis	Yeast infection

Bacteria and Fungi Successfully Eradicated

Actinobacillus actinomycetemcomitans	Candida albicans	Legionella pneumophila	Salmonella typhi
Aspergillus fumigates	Coccidioides	Mucroraceae	Salmonella typhimurium
Bacillus cereus	Coccidioides immitis	Mycobacterium leprae	Sporothrix
Bacteroides	Escherichia coli	Neisseria gonorrhoeae	Staphylococcus aureus
Blastomyces	Group B streptococci	Paraoccidioides	Treponema pallidum
Campylobacter jejuni	Histoplasma capsulatum	Pseudomonas aeruginosa	

ADVANCED NOTE: Under no circumstances should you ingest undiluted Hydrogen Peroxide. At just over 10%, it can cause neurological damage, and damage to the upper gastro-intestinal tract. If you happen to get a drop of 35% Food Grade on your hand it may (likely will) begin to burn, you simply run it under the faucet and it will dissolve itself into the water. Yes, in this case too much of a good thing, is a bad thing. Please follow the instructions completely, and be cautious. In very little time, the caution (read: appropriate fear) will subside, allowing you to treat yourself quickly.

NOTE: Only individuals with organ transplants are not able/advised to receive Oxygen Therapy. As the immune system is stimulated by Oxygen Therapy, it can attack what it perceives to be a foreign body – the transplanted organ. Obviously, with the potential for organ rejection, this is often not worth the risk.

Alright, now let's get it in you! Safely!

When used properly there are no known risks to H₂O₂ Therapy. However, there are some things to be cautious about while putting together your remedy.

First of all, there are several types of Hydrogen Peroxide on the market. **Only one type of H₂O₂ is safe and effective to use.** Here are the various types available:

- **3% Pharmaceutical Grade:** This is the grade sold at your local drugstore or supermarket. It contains an assortment of stabilizers and is **not for internal use.**
- **6% Beautician Grade:** This is used in beauty shops to color hair and is **not for internal use.**
- **30% Reagent Grade:** This is used for various scientific experimentations and also contains stabilizers. It is also **not for internal use.**
- **30% to 32% Electronic Grade:** This is used to clean electronic parts and is **not for internal use.**
- **35% Technical Grade:** This is a more concentrated product than the Reagent Grade and differs slightly in that phosphorus is added to help neutralize any chlorine from the water used to dilute it. This is also **not for internal use.**
- **35% Food Grade:** This is used in the production of foods like milk, cheese, eggs, and whey-containing products. It is also sprayed on the foil lining of aseptic packages containing fruit juices and milk products. **THIS IS THE ONLY GRADE RECOMMENDED FOR INTERNAL USE.** It is available in pints, quarts, gallons or even drums. Contact your local health food store or look online for this grade. **IMPORTANT NOTE: While this is the correct grade of H₂O₂ it must be diluted before being taken orally.**
- **90%:** This is used as an oxygen source for rocket fuel; obviously, this is **not for internal use!**

You will need 4 things:

- ✓ 35% Food Grade Hydrogen Peroxide
- ✓ A new small bottle with an eyedropper cap (like a tincture bottle)
- ✓ Latex gloves
- ✓ Distilled Water

Got them? Good. Here we go! **Here's the process:**

- 1. Put on your latex gloves** (NOTE: It is not essential to use latex gloves if you handle the 35% Hydrogen Peroxide carefully, but I do; that little burn when you drip some on your hand gives you added motivation to use them the next time! You decide.).
- 2. Pour some of the 35% Food Grade H_2O_2 into your smaller bottle with the eyedropper cap** (you may need a funnel to get it into a small opening).
- 3. Immediately label the eyedropper bottle as 35% Food Grade Hydrogen Peroxide.**
- 4. Put the remaining 35% Hydrogen Peroxide into the freezer, away from children.**
- 5. Pour a 6-8 ounce glass of distilled water** (NOTE: It is important to use distilled water. Never use tap water, as most water systems have been chlorinated and tainted with other chemicals. Use filtered water if there is absolutely no way of finding distilled water).
- 6. With the eyedropper, administer the PROPER (see the 8th step and next page) amount of drops into the glass of distilled water.**
- 7. When finished with the eyedropper, immediately place the bottle in an inconspicuous place in the fridge for safe keeping.**
- 8. On the next page, is a suggested regimen allowing you to make treatments with the proper dosage of H_2O_2 :**

Day	Number of Drops of Food Grade H₂O₂ Diluted in 6-8 Ounces of Water	Times Administered Daily
1	3	3
2	4	3
3	5	3
4	6	3
5	7	3
6	8	3
7	9	3
8	10	3
9	11	3
10	12	3
11	13	3
12	14	3
13	15	3
14	16	3
15	17	3
16	18	3
17	19	3
18	20	3
19	21	3
20	22	3
21	23	3
22	24	3
23	25	3

If you have a serious ailment, you may wish to start out with 25 drops a day, 3 times a day and drop down to 25 drops twice a day for up to several months. You may experience a sudden health crisis; that's to be expected. Your body will tell you when to reduce the amount of H_2O_2 ingested as you begin to feel better. Once you are back to normal, continue with the maintenance level outlined below.

Once you complete the regimen you should continue at a maintenance level of 3 drops in 6-8 ounces of water, 3 times a day. This should keep your new and healthy body properly oxygenated and prevent any disease from taking hold.

In most places, Hydrogen Peroxide and Distilled water are very cheap. Your cost per treatment will typically amount to 2-5 cents. Amazing, isn't it?!

Again, I strongly recommend that you read, watch and listen to all of the resources found in the "Further Study" section on page 20.

I believe that this course of treatment can and will cure almost all diseases. I trust you will have a tremendous experience!

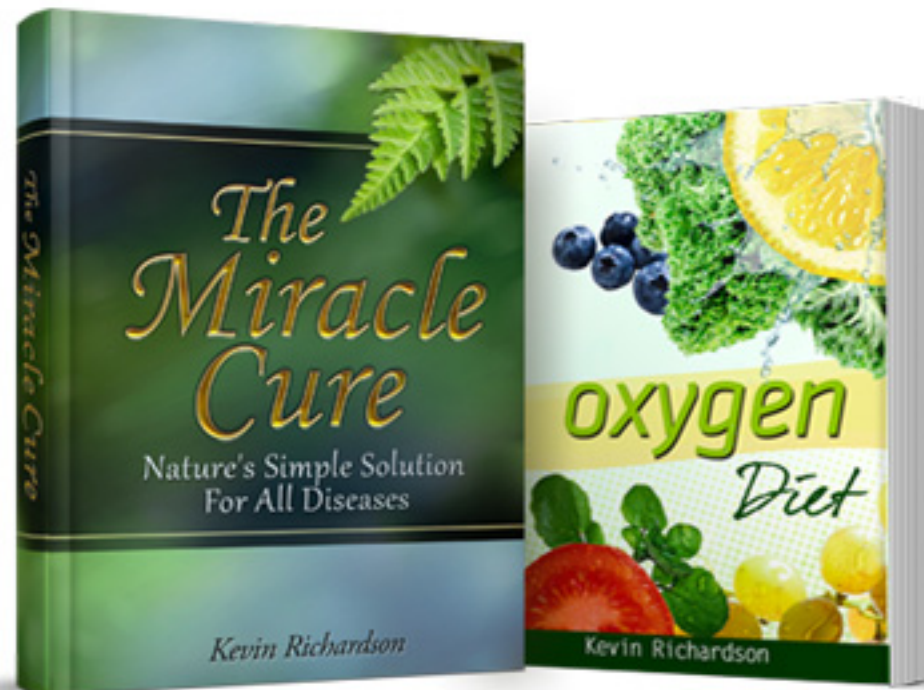
Notes and Tips:

1. Use distilled water; filtered water only as a distant second.
2. Simply run water over an area on your body that has been exposed to undiluted H_2O_2 . To pre-empt and prevent even the slightest “ H_2O_2 sting”, run water over your hands for 5-15 seconds every time after you handle 35% H_2O_2 .
3. Take Treatments 1 hour before a meal or 3 hours after. H_2O_2 can react with bacteria in your stomach from the food, causing excess foaming. It could lead to nausea and vomiting.
4. You may experience flu or cold-like symptoms (headaches, brain fog, diarrhoea, fatigue, etc.). This is called a healing crisis. Your body will be trying to expel dead (formerly diseased) cells and this may put you into an acute health crisis. It can easily be misinterpreted as an illness and can cause people to stop treatment. Do not stop; it means it’s working! This is a very temporary situation that could potentially rid you of a debilitating disease. You may be a little uncomfortable for a short period of time, but the pay-off is worth it.
5. Similar to the comment above, you may find that you get skin eruptions – pimples, rashes, etc. Again, the body is trying to push toxins out of its system. It’s another sign the remedy is working; keep up the treatment.
6. If you have certain viruses or bacteria in your stomach, you may feel a little nauseous the first few days.
7. Should you have a health crisis that you feel is too uncomfortable, you may choose to stay at the same level of H_2O_2 drops on the regimen, before continuing upward after the crisis passes.
8. Label all 35% Hydrogen Peroxide and all dilutions as you make them in large bold letters. Preferably, keep dilutions in different bottles as well, so that you can more easily identify them.
9. The bleach-like aftertaste of H_2O_2 (only noticeable at higher doses) can be reduced by chewing sugar-free (non-artificially flavoured) gum.

Essential Further Study:

The Miracle Cure

Nature's Simple Solution For All Diseases



GET INSTANT ACCESS!